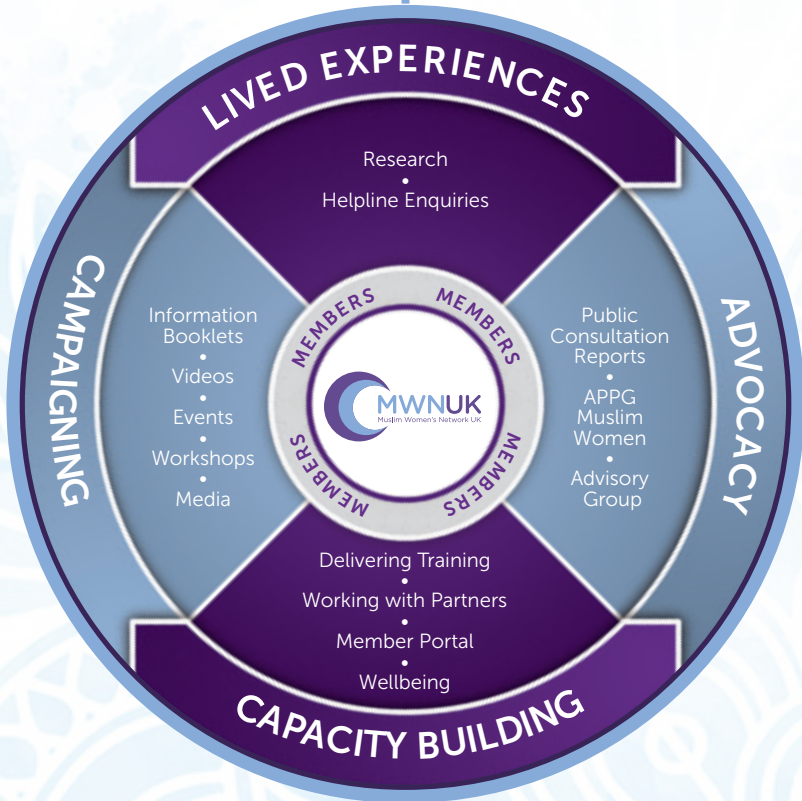
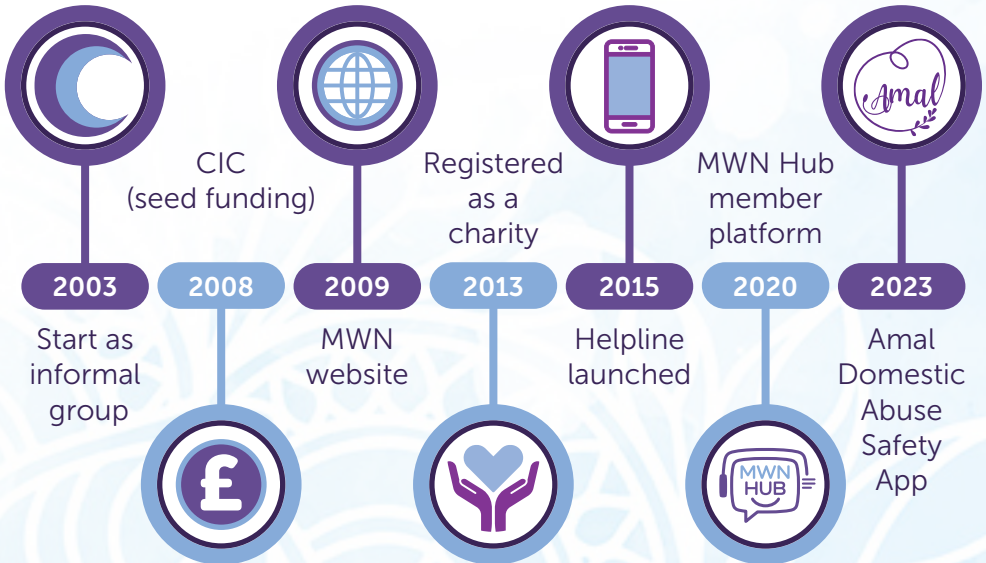




Connecting Voices for Change



Our journey



Our awards

We won a National Charity Governance award in three consecutive years:



2019

Award for Improving Impact

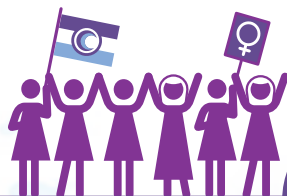
2020

Award for Embracing Opportunity & Harnessing Risk

2021

Award for Transforming with Digital

About us



Our Vision

A society where Muslim women and girls fully utilise their rights, choices and voices.



Our Mission

To achieve equality and justice for Muslim women and girls through support, research, education and advocacy.



Our Objectives

Our three strategic objectives to help fulfil our mission and vision are:



Safety

Uphold the right of Muslim Women and girls to be and feel safe.



Inclusion

Uphold the right of Muslim Women and girls to be and feel included.



Solidarity

Build a solidarity movement for Muslim women and girls.



Our Activities

Our main activities to achieve our objectives are:

1 Strengthen

the Muslim Women's Network Helpline and Counselling Service.

2 Educate

Muslim women and girls about their rights through campaigning and by developing resources.

3 Challenge

and change unjust policies, practices and behaviours through research and advocacy.

4 Develop

and diversify partnerships and collaborations to maximise impact.

5 Invest

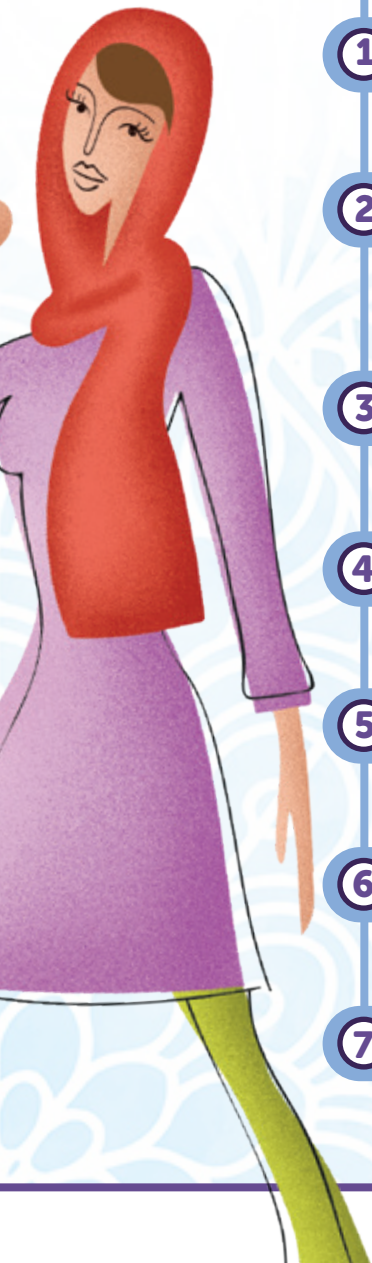
in and capacity build Muslim women and girls.

6 Celebrate

achievements of Muslim women and girls.

7 Increase

membership and strengthen member engagement.



Helpline and Counselling Service

All services: Monday-Friday 10am-4pm

 0800 999 5786

 07415 206 936

 info@mwnhelpline.co.uk

 mwnhelpline.co.uk

Webchat service available online

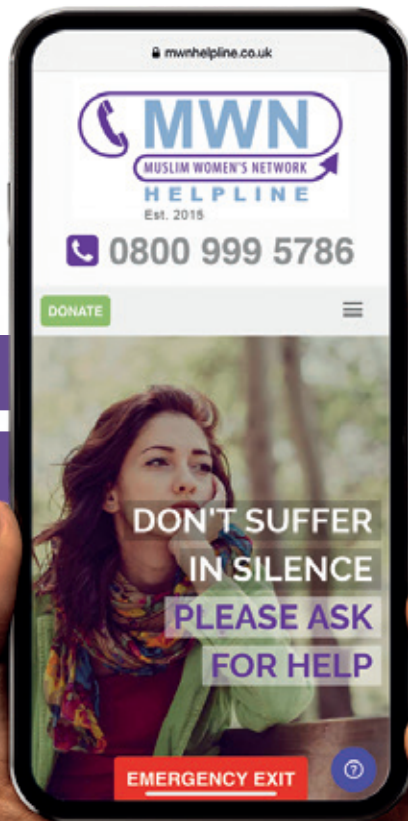
Average Annual Statistics

4500

contacts received

1600

service users supported



We are contacted on over 40 issues, which include:

- Domestic abuse
- Mental health
- Divorce
- Housing / homelessness
- Faith / spirituality
- Relationships
- Honour based violence
- Forced marriage
- Sexual assault / rape
- Child sexual abuse
- Sexuality or LGBT issues
- Discrimination

Types of support given includes:

- Navigating during a crisis situation
- Finding refuge spaces
- Providing counselling
- Providing emotional support
- Providing safety advice
- Providing information about legal rights / remedies
- Liaising with / involving agencies
- Finding specialist support according to need
- Providing in depth ongoing support for complex cases



Amal – Domestic Abuse Safety App

The Amal mobile app was launched in December 2023 and is available for iPhones and Androids. It is free and provides information on different types of abuse, safety advice and legal rights, ability to keep a diary of incidents and the option to contact the helpline via the app.

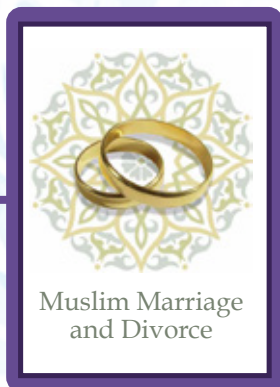


Campaigning and Resources

Our educational and public awareness work includes:



Providing resources such as information booklets, videos and searchable tools such as **'Say Her Name'**, which lists minority ethnic domestic homicide victims.



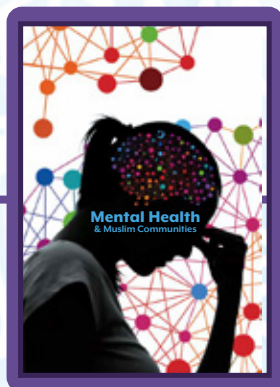
2016



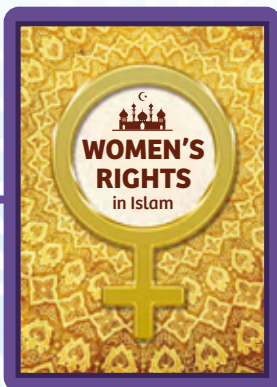
2016



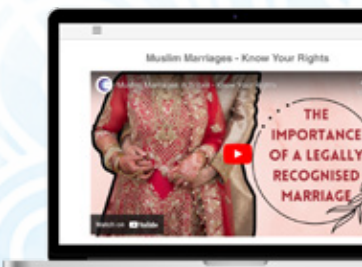
2017



2017



2018



Say Her Name



www.mwnuk.co.uk/say-her-name

Our Manifesto



Conducting community and public awareness campaigns through events, marches and media contributions.

Attending Campaign Marches



Research and Advocacy

We challenge and change unjust policies, practices and behaviours through research and advocacy.

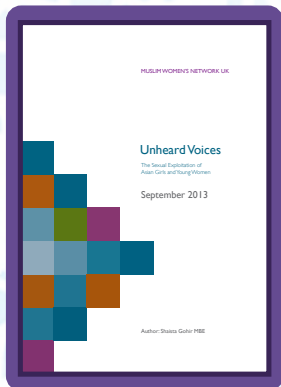
We conduct research on experiences of Muslim women and girls and what contributes to their poor outcomes.

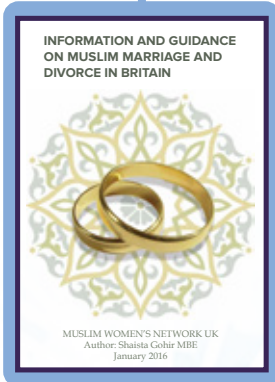
This has included:

- How families, communities and systems fail them when they are victims of abuse
- The impact of not being in a legally recognised marriage and how they are prevented from obtaining a religious divorce
- Barriers they face when accessing health care



2013

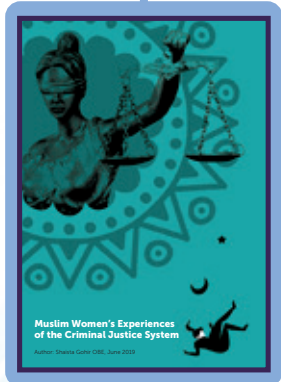




INFORMATION AND GUIDANCE ON MUSLIM MARRIAGE AND DIVORCE IN BRITAIN

MUSLIM WOMEN'S NETWORK UK
Author: Shaista Gohir MBE
January 2016

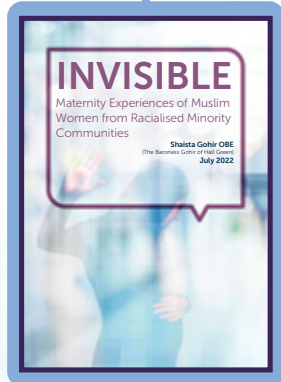
2016



Muslim Women's Experiences of the Criminal Justice System

Author: Shaista Gohir OBE, June 2019

2019



INVISIBLE

Maternity Experiences of Muslim Women from Racialised Minority Communities

Shaista Gohir OBE
(The Barones Centre of High Justice)
July 2022

2022



We influence decision makers through written responses to public consultations, Ministerial meetings and through the APPG on Muslim Women.



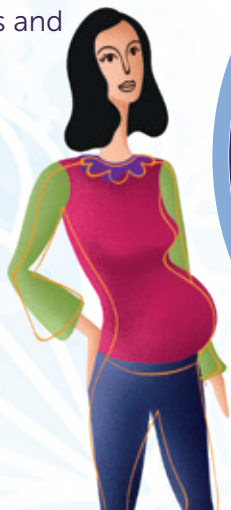
APPG on Muslim Women



The All Party Parliamentary Group on Muslim Women has been established to increase awareness and understanding amongst parliamentarians about the inequalities experienced by Muslim women and girls. Muslim Women's Network UK is the Secretariat for the APPG.

Capacity Building

We provide knowledge and skills building training, both online and face to face, to women and girls as well as frontline professionals and agencies.



Partnerships and Collaborations

To maximise the impact of our activities we work in partnership with other organisations. This includes working on projects together, signing joint campaign letters and by exchanging knowledge and best practice. We also help public bodies reach Muslim women and girls.

Celebrating Achievements

We promote and celebrate the achievements of Muslim women and girls by highlighting their success stories, promoting role models and nominating them for awards.



Tommy's

Fawcett
Equality. It's about time.



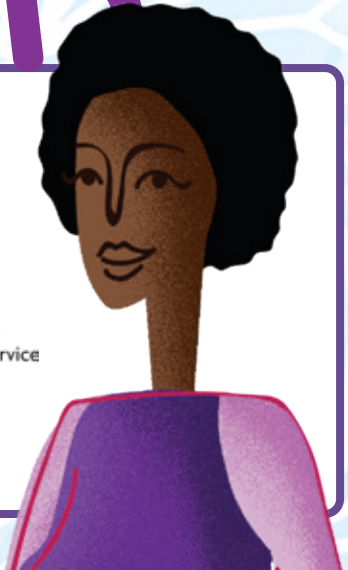
citizens^{uk}



ELECTHER

PREGNANT
THEN SCREWED

GLITCH



Membership

Our membership is important to us. They help to keep us informed. For example, we ask our members for their views which includes consulting with our **Muslim Women's Advisory Group** which we set up to provide us with advice. We also keep our members informed with information.

MWN HUB

www.mwnhub.com/signup



Join us and become a member of Muslim Women's Network UK.

You can do this through our membership portal, the MWN Hub. Once you sign up we will keep in touch through newsletters. We have created this platform for our members to share articles, videos, post notices and events.



Reasons to join us

1 Stay Informed

Keep up to date with our work, events, news, information and opportunities

2 Share your views

Promote your ideas through written pieces



3 Participate

Take part in our research and consultations to help shape policies

4 Create connections

Meet with other members through our events

5 Be part of a movement

Act in solidarity with other women to address injustice and inequality



CAN YOU HELP US

You can raise funds for us, especially our helpline and for our hardship fund in the following ways:

- By doing a sponsored activity such as walking, running, climbing or a skydive etc.
- Donating your loose change via the bank
- Asking friends and family to donate to us on your birthday
- Donating to us during particular times of the year e.g. Ramadan, Christmas etc.
- Holding a fund raising event for us
- Nominating us as your charity at your workplace
- Donating to us via the **DONATE button** on our websites mwnuk.co.uk and mwnhelpline.co.uk



WE CAN DO IT!

Please follow us on social media



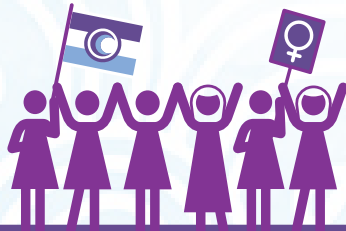
MuslimWomensNetworkUK



MuslimWomenUK



MuslimWomensNetworkUK



www.mwnuk.co.uk